



Caring for People with Challenging Behaviors: Essential Skills and Successful Strategies in Long- Term Care

Stephen Weber Long

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“[this] book is outstanding...[it] not only effectively captures key human relationship and organizational needs, [it] presents the material in a way that can be easily understood and taught in residential settings that often cannot devote more than small blocks of time to training.” —Catherine Johnson, Psy.D., Licensed Long-Term Care Administrator, Minnesota

The newly revised edition of this popular resource provides professional and home-based caregivers with easy-to-understand and powerfully effective ways to prevent, reduce, or eliminate the challenging behaviors of care recipients. With detailed vignettes illustrating the successful implementation of each recommended technique for addressing common challenging resident behaviors, this book also focuses on empowering caregivers to cope with the stress of their roles. Presented in a user-friendly style for anyone working in long-term care settings or home-based care programs, *Caring for People with Challenging Behaviors* serves as both a self-study tool and a guide for in-service training.

Resources include:


- handouts that summarize core content as well as strategies and models for intervention
- exercises that help caregivers put concepts into practice
- intervention and behavior tracking forms
- stress-management techniques that help caregivers with their own reactions to challenging resident behaviors
- a five-step treatment plan using a preventative approach

The simple and practical techniques found in these pages will significantly improve the quality of life of care recipients and their providers, and transform the overall culture of care.

NEW to the second edition!

- New chapter on the benefits of advance directives over behavior contracts
- More intervention strategies and techniques
- Downloadable exercises, forms, posters, and 40+ handouts, in PDF format!
- Additional case studies and instructional displays

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From reader reviews:

Arlene Martin:

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Jennifer Dillon:

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Kathleen Blackwood:

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Hermelinda Anthony:

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