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# Fibromyalgia



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## Fibromyalgia

#### Fibromyalgia

Utilizing evidence-based research, this revolutionary source explores the difficult diagnosis and management of the controversial syndrome of fibromyalgia. Carefully guiding physicians through the steps leading to diagnosis, **Fibromyalgia** emphasizes targeting the underlying fibromyalgia syndrome rather than treating each of its symptoms individually.

Written by recognized experts, the book:

- Describes how to diagnose fibromyalgia
- Advises how to handle patient distress
- Recommends when to refer a patient to a specialist
- Discusses how to motivate behavior changes in patients
- Explores both traditional and up-and-coming pharmaceutical and non-pharmaceutical treatment methods

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