



# **Skin Deep: debating body image: 234 (Issues Today Vol 234)**

*Cara Acred*

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Today, body image is not only a concern for women; in our media driven, celeb-conscious society, increasing numbers of men, and girls as young as five years old, worry about their body shape and appearance. With the rise of plastic surgery and an airbrushing epidemic sweeping the net, television and magazine industries, body dysmorphia is becoming an ever more worrying issue. This book explores the causes of negative body image, examines its effects and looks at ways in which we can tackle the problem.

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