



# **Diabetes: Understanding Diabetes, Prevention & Reversal with a SIRT FOOD & Plant Based Diet (The Medicine on your Plate) (Volume 2)**

*John Hodges, Ted Gif*

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**This book explains the current understanding and problems facing people living with DIABETES Type 1 & Type 2**

## **WE EXPLAIN:**

**The significant differences between Type 1 & Type 2**

## **WHAT YOU CAN DO:**

**To prevent, control and even reverse Type 2 Diabetes**

## **ADVISE ON:**

**The foods to avoid and the foods you need to consume and more importantly WHY.**

## **WE OFFER YOU:**

**The evidence & testimonials of how a SIRT FOOD & PLANT BASED DIET can PREVENT, CONTROL & REVERSE Type 2 Diabetes.**

## **DO YOU WANT:**

**To be in control of your illness instead of your illness controlling you?**

**To live without terrible, controlling symptoms and to finally reduce / get rid of your medicine?**

Start being in CONTROL of your LIFE and ILLNESS with an easy transition of DIET? YES, Diabetes CAN be CONTROLLED with DIET.

**BUY NOW and start a new life in CONTROL of your DIABETES**

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