



# Regina's International Vegetarian Favorites

*Regina Campbell*

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**Regina's International Vegetarian Favorites** Regina Campbell

## **TOUR GUIDE:REGINA CAMPBELL**

Creator of exotic, yet easy-to-prepare, vegetarian dishes-and host of public TV's "Regina's Vegetarian Table."

## **A VEGETARIAN PASSPORT TO CULINARY STYLES AND HOT-SPOTS...**

Cajun/Creole \* Caribbean \* China \* Coastal U.S. \* Eastern Europe \* France \* Greece India \* Italy \* Japan \* Mexico Middle East \* New Southern Southeast Asia \* Southwestern

## **FEATURING MORE THAN 140 RECIPES-**

from appetizers to beverages

Jerk-Style Black Beans \* Saut&eacute;ed Tofu in Mushroom Sauce \* Madame Bovie's Borscht \* Provencal Potato Gratin \* Baklava \* Indian Creamed Spinach \* Chai \* Grilled Eggplant and Onion Bruscetta \* Avocado Sushi \* Grilled Teriyaki Eggplant \* Papaya and Roasted Pepper Salsa \* Lime Sherbet with White Chocolate \* Mediterranean Vegetable Strata \* Stuffed Figs in Chocolate \* Spicy Pineapple and Coconut Milk Soup \* Ginger Broccoli and Noodle Salad \* Dirty Rice and Beans \* Cheesy Grits with Pecans \* Lime Tart with Tequila

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#### **David Carson:**

Reading a review tends to be a new lifestyle in this era of globalization. With looking at you, you can get a lot of information which will give you benefit in your life. With books, everyone in this world can certainly share their ideas. Textbooks can also inspire a lot of people. Lots of authors can inspire their own readers with their stories as well as their experiences. Not only the stories that are shared in the guides, but also they write about advantages about something that you need, for example, how to get a good score on TOEFL, or how to teach your sons or daughters, there are many kinds of books that you can get now. The authors on earth always try to improve their ability in writing, they also do some investigation before they write for their book. One of them is this Regina's International Vegetarian Favorites.

#### **Christine Flint:**

People live in this new time of lifestyle, always aim to and must have the free time, or they will get a lot of stress from both day-to-day life and work. So, if we ask, do people have spare time, we will say, absolutely indeed. People are human, not only a robot. Then we question again, what kind of activity do you possess when the spare time comes to an individual, of course, your answer will be unlimited. Right, then ever try this one, reading books. It can be your alternative in spending your spare time, often the book you have read is definitely Regina's International Vegetarian Favorites.

#### **Patricia Coulter:**

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