

### Stages of Senior Care: Your Step-by-Step Guide to Making the Best Decisions

Paul Hogan, Lori Hogan



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## **Stages of Senior Care: Your Step-by-Step Guide to Making the Best Decisions** Paul Hogan, Lori Hogan A USA Today BESTSELLER!

"Informative. Complete. And practical. This book will guide family caregivers through the surprisingly complex world of senior care."

—**MEHMET OZ, M.D.**, *New York Times* bestselling coauthor of *YOU: The Owner's Manual: The Complete All-in-One Care Guide* 

Choosing the best care for your aging parents and other seniors in your life is not only complex, with multiple options available, it's also highly personal and often emotional. This essential resource—written by the founders of Home Instead Senior Care, the world's largest provider of nonmedical care for seniors—guides you through a comprehensive range of things to consider, step by step, so you can make better informed decisions and be confident that the senior in your life is receiving the best care possible. Checklists and diagnostics will help you:

- Decide if at-home care is the right choice for you and your loved ones
- Evaluate the pros and cons of retirement communities, adult care centers, nonmedical caregivers, assisted living facilities, nursing homes, and hospice
- Determine the costs of senior care options and find helpful support networks

"This is not just another book about caring for aging parents. It's a great reference you'll use again and again. Stages doesn't shy away from the hard questions. Rather, it shows you how to confront them."—SUZANNE MINTZ, President/CEO, National Family Caregivers Association

"Recognizing that there is no one-size-fits-all solution, this salient volume compassionately addresses a full range of hard-to-discuss subjects."--*PUBLISHERS WEEKLY* 

All of the authors' profits from the sale of this book will be donated to the Home Instead Senior Care Foundation.

**Paul and Lori Hogan** founded Home Instead Senior Care in 1994. Now with 850 offices in 15 countries, Home Instead is recognized as a global leader and authority on senior care. Visit them at www.stagesofseniorcare.com.

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