



Grown-Up Marriage: What We Know, Wish We Had Known, and Still Need to Know About Being Married

Judith Viorst

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Although marriage is for grown-ups, very few of us are grown up when we marry. Here, the bestselling author of *Suddenly Sixty* and *Necessary Losses* presents her life-affirming perspective on the joys, heartaches, difficulties, and possibilities of a grown-up marriage -- and no, that's not an oxymoron! Featuring interviews with married women and men, the findings of couples therapists, the truths offered by literature and movies, and a bemused exploration of her own marriage, Judith Viorst illuminates the issues couples struggle with from "I do" through "till death do us part." Examining marital rivalry, marital manners, marital sex (extramarital, too), marital fighting and apologies, what kids do for (and to) marriage, and the boredom and bliss of everyday married life, Viorst leaves no marital stone unturned. From the early years when we wonder "Who *is* this person?" and "What am I *doing* here?" to the realities of divorce, remarriage, and growing older (and old) together, Viorst offers insights and advice with honesty, humanity, and humor -- all the while recognizing how tough it is to be married and, when it works, how very precious it can be.

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Arielle Griffin:

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Cara Fultz:

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