



Mosby's Handbook of Herbs & Natural Supplements

Linda Skidmore-Roth RN MSN NP

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This essential handbook presents detailed monographs for 270 commonly used herbal products and natural supplements. Arranged in alphabetical order, each monograph incorporates authoritative information on generic names, botanical names, common alternative and trade names, actions, uses, dosages, side effects and adverse reactions, contraindications, precautions, pharmacokinetics, chemical components, and interactions with foods, other herbal products, and with drugs.

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