



Not My Child: A Progressive and Proactive Approach for Healing Addicted Teenagers and Their Families

Dr. Frank Lawlis

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Not My Child is an insightful, compassionate, and encouraging guide for families dealing with an addicted teen or child at risk of becoming addicted to alcohol or drugs. Psychologist and rehabilitation specialist **Dr. Frank Lawlis**, chairman of the *Dr. Phil* advisory board and consultant and frequent guest on the television show, offers:

- Expert advice on detecting and understanding teen addiction
- Information from the latest neuroscience research on the impact addiction has on the teen brain
- Guidance, based on years of clinical experience, on what parents can do to help their child deal with depression, obsessive cravings, and relationships damaged by the addiction

This thoughtful and groundbreaking book details sound medical treatments, as well as alternative and spiritual methods for addressing a societal problem that has reached epidemic levels.

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