



Bach Flower Remedies for Men

Stefan Ball

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In the 1930's, Dr. Edward Bach found that restoring emotional balance to his patients drove out ill-health and unhappiness. This book shows how his 38 flower- and plant-based remedies apply to the particular emotional problems of men, such as bullying, falling in love, sexuality, job-hunting, redundancy, and fatherhood. Additionally, specific problems from acne and hair loss to prostate cancer and heart disease are described in a practical, non-technical way.

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