



# The Awakened Aura: Experiencing the Evolution of Your Energy Body

*Kala Ambrose*

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## **The Awakened Aura: Experiencing the Evolution of Your Energy Body** Kala Ambrose

Humanity is entering a new era—we are evolving into super-powered beings of light. Our auric energy bodies are experiencing a transformational shift as new crystalline structures form within and around our auras. Kala Ambrose, a respected wisdom teacher, intuitive, and oracle, teaches how to connect with your rapidly changing energy body to expand your awareness and capabilities on the physical, mental, emotional, and spiritual levels.

This groundbreaking guide contains a wealth of practical exercises, diagrams, and instructions that show you how to use this transformative energy to create powerful positive change in your own life and in the world.

- Repair the aura and maintain a balanced, healthy energy body
- Interpret and work with the auras of infants, children, and teens
- Understand energy cords and how they attach in relationships
- Sense and balance energy in buildings and natural locations
- Sense and communicate with spirit guides in the aura
- Use elemental energy to enhance your auric field
- Understand the impact of thoughts and emotions on the aura
- Access the akashic records through the auric layers
- Remove negative thought forms in the aura
- Create powerful protective fields in the aura for psychic protection

### **Praise:**

"Kala is an amazing metaphysical teacher, with a deep understanding of her subject. In this well-written, personal, and heart-felt book, she reveals the secrets of the auric field, its power and meaning. This is a very useful and easy-to-understand guide." —Amy Zerner and Monte Farber, authors of *The Soulmate Path*, and the *Chakra Meditation Kit*

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#### **Elida Allman:**

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