



Reptiles in Love: Ending Destructive Fights and Evolving Toward More Loving Relationships

Don Ferguson

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Nagging, snide comments, passive-aggressive tendencies, running away, childish insults; sometimes even the most loving couples can revert to their primitive nature. Don Ferguson, a psychologist and relationship therapist, has discovered that no matter how evolved we think we are, our reptilian brain is still primed for instantaneous reactions and fight-or-flight. This syndrome can rule relationships and in the end destroy them. Through the latest neurological research, Ferguson has discovered how to manage our primitive reactions with thoughtful, 'new brain' interventions. Written in a highly entertaining and readable way, *Reptiles in Love* has an answer for helping couples to stop attacking each other and transform their dysfunctional, prehistoric relationship into a more evolved and loving partnership.

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