



# The Shadow Effect: Illuminating the Hidden Power of Your True Self

*Deepak Chopra, Marianne Williamson, Debbie Ford*

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Be uplifted by the power that is hidden beneath the surface of your conscious mind. Take this emotionally gripping, visually compelling journey into your mysterious shadow self the hiding place for your most disliked thoughts, emotions, and impulses and discover how by embracing your worst fears, you can step into your greatest self. Be transformed by Debbie Ford, the #1 New York Times best-selling author and internationally acclaimed expert on the human shadow, as well as some of the most brilliant and evolutionary thinkers of the 21st century. Be inspired to uncover the wisdom in your wounds, the blessings in your misfortunes, and the gifts that are waiting to be claimed where you may least expect them . . . in the dark. If shadows could talk, they would tell you that there is gold to be mined in every experience.

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