



Glenstal Spiritual Cookbook: by Brother Anselm with an Introduction by John Hurt (The Glenstal Series)

Anselm Hurt

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Approximately 40 monks make up the community at Glenstal Abbey and Br Anselm Hurt has for many years been responsible for feeding them. He has built up a large and very varied range of recipes over the years and he includes about 65 of those recipes in this book, each with his own very stylish introductory or explanatory note. The recipes are arranged under the headings: soups, fish, main courses, curries, pasta, eggs, potatoes, vegetables, desserts and a final section of miscellaneous recipes. Some recipes are for small numbers, and others for much larger groups. They are perfect for family meals as well as for entertaining friends. They are all simple and easy to follow with ingredients that are widely available. Illustrated with black and white line drawings, the style throughout is quirky, informative with not a little humour. The foreword is by the actor John Hurt, Br Anselm's brother. Other books from Glenstal Abbey: Glenstal Book of Prayer; Glenstal Book of Icons; Glenstal Daily Prayer; Glenstal Book of Readings

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Agnes Figueroa:

A lot of people always spent their very own free time to vacation or perhaps go to the outside with them loved ones or their friend. Are you aware? Many a lot of people spent many people free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity here is look different you can read a new book. It is really fun for you. If you enjoy the book you read you can spent the whole day to reading a book. The book Glenstal Spiritual Cookbook: by Brother Anselm with an Introduction by John Hurt (The Glenstal Series) it is very good to read. There are a lot of folks that recommended this book. These folks were enjoying reading this book. In case you did not have enough space bringing this book you can buy the actual e-book. You can m0ore simply to read this book from your smart phone. The price is not too expensive but this book features high quality.

Bettye Heinrich:

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