



Pineal Gland & Third Eye: Proven Methods to Develop Your Higher Self

Dr. Jill Ammon-Wexler

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#1 Amazon Bestseller in Mysticism and ESP since July 2012!*Do you want direct experience of higher states of consciousness? You need to read this book...*

Why open your third eye? Mystics, philosophers, religious teachers and shaman throughout time tell us the third eye is the gateway to our higher self and deeper life meaning.

A complete guide to step-by-step methods, *Pineal Gland & Third Eye* de-mystifies the third eye and explains its true nature in the brain as the pineal gland. The book reveals 15 proven-effective step-by-step methods to activate your pineal gland, open your third eye, and even how to restore health to your pineal gland. The author even guides you to a great 9-minute video that gives you a direct experience of exactly how it feels when you open your third eye to develop your higher self. Major research studies are explored that prove at least 85% of us are capable of exciting higher self and 3rd eye experiences.

The author, Dr. Jill Ammon-Wexler, is a 45-year pioneer mind/brain and consciousness researcher, doctor of psychology, and metaphysician with a passionate interest in parapsychology and "higher self" states of consciousness.

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