



The Oxygen Prescription: The Miracle of Oxidative Therapies

Nathaniel Altman

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A complete guide to oxygen therapies as a path to optimum health

- Presents new scientific findings of the effectiveness of oxidative therapies in treating heart disease, cancer, herpes, HIV, hepatitis, and diabetes
- Presents the evolution of these therapies, including positive trends and challenges for the future
- Includes new chapters on using the therapies in dentistry and veterinary medicine

Scientists now agree that most disease states are caused by oxygen starvation at a cellular level. Polluted air, devitalized foods, poor breathing habits, all can lead to chronic oxygen deficiency, a bodily environment in which toxins thrive as the overall immune response is weakened. Though we receive most of our oxygen from the air around us, even deep breathing may not be enough to improve oxygen-starved cells. Oxidative therapies generate the oxygen needed to fight disease and delay the aging process.

The Oxygen Prescription is the only book to place oxidative therapies in the context of holistic health. Completely updated and expanded to include the use of these therapies in dentistry and veterinary medicine, it explores the latest scientific findings that show how ozone interacts with cells when introduced into the bloodstream. It presents treatments that stimulate the body's own ability to produce ozone to fight cancer, osteoporosis, and hepatitis and provides the evidence of how oxidative therapies are being used to treat heart disease, herpes, HIV, and diabetes. *The Oxygen Prescription* also shows how to enhance the effectiveness of these treatments through diet and the use of minerals, herbs, exercise, and visualization.

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Linda Poteat:

Why? Because this The Oxygen Prescription: The Miracle of Oxidative Therapies is an unordinary book that the inside of the guide waiting for you to snap it but latter it will distress you with the secret it inside. Reading this book alongside it was fantastic author who have write the book in such remarkable way makes the content inside easier to understand, entertaining means but still convey the meaning fully. So , it is good for you for not hesitating having this any longer or you going to regret it. This excellent book will give you a lot of advantages than the other book have such as help improving your ability and your critical thinking approach. So , still want to hold off having that book? If I ended up you I will go to the reserve store hurriedly.

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