



Nutrition and Oral Medicine (Nutrition and Health)

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Benchmark studies by internationally recognized leaders in dentistry and nutrition review the many links connecting nutrition and dietary practices to oral diseases and disorders. The authors examine the effects of diet and its nutrient components on the development, growth, maintenance, prevention, and treatment of diseases in the oral cavity. Topics range from the relation between oral and general health, nutrition/diet and systemic health, and nutrition/diet and oral health, to select oral and systemic diseases with known nutrition and oral health interfaces; also cutting-edge research issues regarding the relationship of individual antioxidants, trace elements, polyphenols, and other nutrient substrates.

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