



The Grief Recovery Workbook: Helping You Weather the Storm of Loss and Overwhelming Disappointment

Ray Giunta

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Chaplain Ray has helped countless people hurting from the most atrocious occurrences of our time. Now he has put his highly effective grief counseling principles into book form. Readers will learn how to define grief, process pain, wrestle with guilt, manage anger, and express forgiveness--no matter what loss they're grieving.

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