



# Teen Psychic: Exploring Your Intuitive Spiritual Powers

*Julie Tallard Johnson*

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# Teen Psychic: Exploring Your Intuitive Spiritual Powers

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**Teen Psychic: Exploring Your Intuitive Spiritual Powers** Julie Tallard Johnson

Teaches teens to develop and use their intuitive powers

- Includes quizzes, meditations, journal entries, popular quotes, and fun exercises to introduce teens to their intuitive powers
- Combines both contemporary and ancient stories of spiritual and intuitive empowerment
- By the author of *The Thundering Years: Rituals and Sacred Wisdom for Teens*, winner of the 2002 Independent Publisher Book Award for multicultural juvenile nonfiction

In *Teen Psychic*, award-winning author Julie Tallard Johnson provides a fun, meaningful process for developing your intuitive powers, as well as practical guidance in applying those powers to your personal spiritual journey. The wisdom teachings of numerous traditions blended with activities--such as meditations, exercises, journalizing, and quizzes--will help you tap into a reservoir of inner strength and knowledge, increasing your confidence and self-esteem.

Ancient stories and contemporary teen experiences of spiritual and intuitive empowerment, as well as the author's own insightful narrative, show you how to connect to your inner wisdom and to the greater wisdom that surrounds you. With inspiring quotations from a diverse group of wisdomkeepers including Caroline Myss, Black Elk, Anodea Judith, Myron Eshowsky, and Chögyal Trungpa, *Teen Psychic* helps you discover your true nature by accessing your intuitive powers and developing your psychic self.

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