



Transgenerational Family Therapies

Laura Giat Roberto PhD

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Our society's emphasis on mobility, competition, and depersonalization has left contemporary families more isolated than families of the past. Particularly relevant for working with the postmodern family, transgenerational practice provides a fulcrum for enhancing family cohesion, identity, and well-being. This comprehensive volume elucidates the historical and theoretical roots of the four major models of these time-sensitive approaches and demonstrates how practitioners can utilize their key concepts to better assess and treat families. Encompassing natural systems, symbolic-experiential, contextual, and object relations models, the book identifies the aspects that make each model unique and illustrates the powerful common elements they share. By classifying the assumptions about structure and process that underlie each of the models, TRANSGENERATIONAL FAMILY THERAPIES begins the systematic integration of an effective approach and provides a unified transgenerational framework for practice.

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