



The Power of Commitment: A Guide to Active, Lifelong Love

Scott M. Stanley

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The Power of Commitment

What is commitment and what's so scary about it? How can we better understand and appreciate the value of commitment and make it last--for a lifetime?

In his new book, Scott Stanley, best-selling marriage expert, reveals that the secret ingredient for finding lasting love is understanding commitment. Too often, men and women find themselves in half-committed, Maybe I Do, relationships that lead to frustration, sadness, and, in many cases, divorce. But it doesn't have to be this way. Scott Stanley offers a five-step plan--based on his groundbreaking marital research and uniquely spiritual approach--for understanding commitment, including learning to handle the pressures of everyday life, moving through the pain of unfulfilled dreams and hopes, overcoming attraction to others that might endanger a marriage, transforming your thinking from "me versus you" to "we" and "us," and capturing the beauty and mystery of lifelong devotion, loyalty, teamwork, and building a lasting vision for the future.

"Nobody is more qualified to write this book than Dr. Scott Stanley."
--Drs. Les and Leslie Parrott, Seattle Pacific University; authors, Love Talk

"This book should be mandatory reading for dating, engaged, newlywed, and not-so-newlywed couples. Bravo!"
--Michele Weiner-Davis, author, Divorce Busting and The Divorce Remedy

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