



# Delia's Kitchen Garden: A Beginner's Guide to Growing and Cooking Fruit and Vegetables

*Delia Smith, Gay Search*

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For leading cookbook author Delia Smith, the key to producing delicious, healthy food is to use first-class ingredients. Where fruits and vegetables are concerned, the best way to do that is to grow your own. In month-by-month chapters, this companion follows a year in the kitchen garden, providing detailed information on sowing and planting, fruit and vegetable varieties, and care and harvesting. At the end of each chapter, Delia includes marvelous recipes for using your produce at its peak. For those who have space constraints, there are notes on creating a square-foot garden, a patio garden, and container gardens. An outstanding guide from two experts, this book is richly illustrated with color photos of the gardens, the produce, and step-by-step techniques.

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