



Holly Clegg's trim&TERRIFIC KITCHEN 101: Secrets to Cooking Confidence: Cooking Basics Plus 150 Easy Healthy Recipes

Holly Clegg

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- **QUICK and EASY HEALTHY RECIPES** cookbook with easy healthy dinner recipes for the busy person to delicious easy healthy desserts! Cooking tips, simple diabetic recipes, slow cooker recipes, each with photos. **KITCHEN 101** includes quick and easy healthy meals and also makes great first cookbook. The BEST easy cookbook with chapters:
- *Crock Pot Cooking Recipes* Chapter
- *Ready-Made Menus* Chapter
- *Rotisserie Ready Chicken* Recipes
- Highlights *Diabetic-Friendly* Recipes (ADA guidelines)
- *Fix It Fast* and *Start Simple* Chapters
- 150 Easy-To-Make Recipes with Color-Photographs
- Nutritional Information & *Terrific Tips*
- *Cooking Basics Chapter*-a great kitchen reference guide.

Awards

Gold Recipient of prestigious Mom's Choice Award

Award-Winner in 'General Cookbook' category of 2012, sponsored by USA Best Book Awards, with USA Book News

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