



Nutrição Infantil (Portuguese Edition)

Mariana Braga Neves

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É um consenso que modificações no comportamento alimentar se impõem para prevenir doenças relacionadas à alimentação e promover a saúde do indivíduo. Uma vez que é na infância que o hábito alimentar se forma, é necessário o entendimento dos seus fatores determinantes, para que seja possível propor processos educativos efetivos para a mudança do padrão alimentar da criança.

Diante dessa afirmação, apresentamos este e-book cuja proposta é trazer orientações sobre algumas das principais ações e estratégias de intervenção nutricional na infância e adolescência, incluindo o serviço de Personal Baby e Kids.

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