



# Psychosocial Stress: Trends in Theory and Research

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
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# Psychosocial Stress: Trends in Theory and Research

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Psychosocial Stress: Trends in Theory and Research is a collection of literatures that discusses the psychosocial basis of psychological distress. The book contains six papers that are organized into three parts. The text first covers the prevalent themes in psychosocial stress research, which include role strains, dimensions of life, and coping efforts. The next part presents the conceptual framework studying for psychosocial stress. The last part tackles the methodological issues in psychosocial stress research. The book will be of great use to students, researchers, and practitioners of psychology. Scientists from related fields such as sociology will also benefit from the book.

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