



# Anti-Semitism: A Disease of the Mind

*Theodore Isaac Rubin*

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**Anti-Semitism: A Disease of the Mind** Theodore Isaac Rubin

**A groundbreaking work on the psychodynamics of bigotry and anti-Semitism.**

As a child, Ted Rubin could not understand why some people hated him and his family only because they were Jews. He soon discovered that other groups were hated and that bigotry was a dangerous disease that destroys its hosts as well as its victims.

As a psychiatrist, Dr. Rubin learned that anti-Semitism and other deep-seated prejudices are non-organic diseases of the mind: malignant emotional illnesses that can be treated only by first understanding the unique psychodynamics involved. Little has been written about this aspect of bigotry. *Anti-Semitism* is a bold endeavor to shed light on one of humankind's most destructive and contagious illnesses, and offers hope and healing for the future.

In *Anti-Semitism*, Rubin lays the groundwork for a person to successfully overcome hatred, to understand where it comes from and why, and to recognize that anti-Semitism devastates people, cripples self-esteem, and is capable of “engendering great suffering, horror and murder.” Anyone who has wrestled with hatred or bigotry, either as the victim or the host, will find clarity and direction in Dr. Rubin’s eloquent analysis.

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