Yoga-Hühner (German Edition)

Peter Gaymann

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Yoga-Hühner (German Edition) Peter Gaymann
Ob Hund, Krähe oder Sonnengruß: das Huhn in uns liebt Yoga!

Yoga macht jung! Wer sich mit 52 auf den Kopf stellt, fühlt sich eine Weile wie 25. Das haben auch Peter Gaymanns Hühner gemerkt. Sie verbiegen sich, was das Zeug hält, besuchen Schnupperkurse, üben Sonnengrüße und stehen Schlange für die bequemste Yogamatte. In über 80 brandneuen Cartoons nimmt Peter Gaymann die Yogawelt aufs Korn – das Ergebnis ist Lach-Yoga vom Feinsten!

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